

# Be Daring! Run a 5K in a Red Dress!

Join in the fight against heart disease by participating in

## OTTAWA COUNTY'S

CARI MCGRATH

*1st Annual*

# RED DRESS RUN

## February 26, 2012

Event begins at 2:00 pm

Minneapolis, KS

Participants can choose from a 5K Run, a 3K Walk or exercising at the Ottawa County Health Center's Wellness Center.

*Proceeds will go to the American Heart Association.*

All ages are welcome to register.

Childcare is available

### TO REGISTER:

Pick up a Registration Form at  
Ottawa County Health Center's Wellness Center

*or*

Download a form off of the website  
[www.ottawacountyhealthcenter.com](http://www.ottawacountyhealthcenter.com)

*or*

Call Jenny Johnson at 785-392-2122

Registration deadline is February 1st to guarantee a t-shirt.

Late registrations will be accepted.

All participants are asked to wear red. Red dresses are encouraged, but not required...that includes men as well!

