



YOUTH CROSS COUNTRY RUNNING TEAM

JOIN MANHATTAN'S PREMIER CROSS COUNTRY TEAM!

Any young athlete wanting to become a better runner is encouraged to be a part of the **Brokaw Blazers**. Practices and meets are not required but they are encouraged. Our practices for youth ages 7-14 last no longer than one hour. We had athletes involved in 10 different sports last year. Our coaches work with the parent(s) to make sure that young athletes are having fun and learning more about proper technique while working around their other sports.

\$100 REGISTRATION INCLUDES:

- Two team shirts
- Entry Fees into five meets
- YES-Athletics Membership
- Positive environment with GREAT coaches!



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Founded in 1988

PRACTICE LOCATIONS

Practices will be held in Manhattan on Sunday, Monday and Wednesday at 5:30PM. Practices start Labor Day, Monday, September 7th at Anneburg Park, Shelter 1 at 5:30PM. For more information, contact either Coach Trish Moore at (612) 619-9118 or Tim Sigle at (785) 532-9399.

TRY IT FOR FREE

Come on out to a practice and see if you like it before joining the team. Just turn in your membership form for insurance purposes at your first practice. **You are welcome to join at any time during the season.**

MANHATTAN'S MOST AFFORDABLE YOUTH FITNESS PROGRAM

PRACTICES

Practices are not mandatory and our coaches work with the parent(s) to make sure that young athletes are having fun and learning more about proper technique while working around their other sports. Schedules are also posted every week on our website. There are usually 3-4 practices each week that last about 1 hour. Parents are welcome to run as well!

MEETS

We hold five meets with-in a two hour drive of Manhattan including one here, all of which are included in the registration fee. Meets are not mandatory. Our final goal for the season is to compete and possibly win the CC Coaches National Youth Championships. Check out our website for more information. **For more information, contact Coach Trish Moore at (612) 619-9118.**

WWW.BROCAWBLAZERS.COM



BROCAW BLAZERS
CROSS COUNTRY TEAM